### **NEED HELP FAST?**

#### **EMERGENCY NUMBERS**

911 – in any life threatening situation

**1-800-273-TALK** –national crisis hotline for any age

Fairfax County Mental Health 24-Hour Emergency Services

Public Contact Info: 703-573-5679

**1-800-say-teen**—Alternative House Teen Crisis Hotline

#### **SEARCH ONLINE:**

Human Services Resource Guide (HSRG) www.fairfaxcounty.gov/hsrg

**Network of Care for Behavioral Health:** 

fairfax-fallschurch.va.networkofcare.org

211 Virginia

www.211virginia.org

#### **TALK TO A TRUSTED ADULT**

- Parents, other family members
- School Counselor/Social Worker/ Psychologist
- Teacher, Coach
- Health Professional
- Clergy

More Information inside...



FPY is a 501-C-3 agency that delivers essential community education and training, advocates for effective programs and policy development, and builds strong community partnerships...to help youth thrive.

If you need help and don't know where to turn, don't give up. Call the emergency numbers listed in this brochure, or talk to someone you trust and ask for help. Keep reaching out until you find the help you need!

## FAIRFAX PARTNERSHIP FOR YOUTH

I2011 GOVT CTR PKWY SUITE 940.3 FAIRFAX, VA 22035

Phone: 703-324-7034 Fax: 703-222-9792

www.FairfaxYouth.org

# Help For Youth and Their Families





## **Key Resources for Youth and Their Families**

# FAIRFAX PARTNERSHIP FOR YOUTH

#### FAMILY SUPPORT SERVICES—GENERAL

Coordinated Services Planning-Fairfax County
Department of Systems Management for Human
Services provides in-depth assessment of needs
and provides referrals to appropriate community
resources

Phone: (703) 222-0880

www.fairfaxcounty.gov/dsm/csp

#### Office of Social Work Services of Fairfax County

**Public Schools** provides a liaison between home, school and community and collaborates with non-profit groups and community agencies to help families access needed resources

Phone: (571) 423-4300

www.fcps.edu/dss/ips/socialworkers/index.shtml

Northern Virginia Family Service provides case management, youth services, safe housing, counseling, medical and dental access, child care and development, affordable loans, foster care, respite care and job training.

Phone: (571) 748-2500 www.nvfs.org

**United Community Ministries** - helps people in crisis meet basic needs and learn about resources for long-term self-sufficiency Phone: (703) 768-7106

Phone: (703) 768-7100 www.ucmagency.org

Download this document and find more links on our website at www.FairfaxYouth.org

Submit changes to fairfaxyouth@fairfaxcounty.gov

#### **BEHAVIORAL HEALTH & SUBSTANCE ABUSE**

Entry and Referral Services – Fairfax-Falls Church Community Services Board provides intake, assessments and referrals (703) 383-8500 www.fairfaxcounty.gov/csb

#### **Fairfax-Falls Church Community Services Board**

provides behavioral health <u>care</u> including wellness, mental health and substance use assessment and treatment for youth and families Phone: (703) 383-8500

Phone: (703) 383-8500 www.fairfaxcounty.gov/csb

**CrisisLink** provides 24-hour confidential listening, crisis intervention, information and referrals Phone: (703) 527-4077 www.crisislink.org

#### Office of Psychology Services of the Fairfax County

**Public Schools** provides consultation on mental health, learning and behavioral issues. A school psychologist is assigned to each school Phone: (571) 423-4250. www.fcps.edu/dss/ips/psychologists

Alternative House provides a 24-hour hotline for distressed adolescents
Phone: (703) 356-6360
www.thealternativehouse.org

Inova Kellar Center provides education, ongoing assessment, therapy and groups to youth Phone: (703) 218-8500 www.inova.org/healthcare-services/inova-kellar-center/index.jsp

#### **Dominion Hospital**

Phone: (703) 536-2000 www.dominionhospital.com

#### Al-Anon/Alateen

Phone: (703) 534-HELP (4357) or toll free 877-339-8350 www.alanonva.com and www.va-al-anon.org/ espanol.htm

Unified Prevention Coalition—dedicated to promoting prevention and early intervention for violence and drug use in our community www.unifiedpreventioncoalition.org

# BULLYING PREVENTION AND INTERVENTION

Fairfax Partnership for Youth, Inc. provides advocacy and community education in bullying prevention and awareness in NoVA Phone: (703) 324-7034 www.fairfaxyouth.org/BullyingPrevention.xml

Gay, Lesbian, and Straight Education Network
Phone: (703) 366-1090
www.GLSENNorthernVirginia.org

**School Bullying:** Contact your school administrator, counselor, psychologist, or social worker directly, or above contacts for advocacy.

**Stop Bullying** provides an online informational source with tips and referrals for teens and parents www.stopbullying.gov

#### **VA Dept of Health**

Phone: (804) 864-7741

www.vahealth.org/Injury/preventbullyingva